



# Gahanna-Jefferson Public Schools

www.GahannaSchools.org

## 2021-2022 HIGH SCHOOL LUNCH MENU

ALL MEALS ARE AVAILABLE AT NO COST FOR THE 2021-2022 SCHOOL YEAR

Follow the menu with its calendar day. Each week is represented by a color and represents a four week cycle. Any day not colored indicates a "No School" day.

<b>WEEK 1</b>	Cheese Ravioli Breadstick Leafy Green Salad Chickpeas Assorted Fruits	Sandwiches: Buffalo Chicken, BBQ Pulled Pork, OR BBQ Chicken Coleslaw/ Corn Assorted Fruits	Beef Pepperoni Calzone Fresh Veggies Hummus Dip Leafy Green Salad Steamed Broccoli Assorted Fruits	Stuffed Cheesesticks Sweet Potato Fries Fresh Veggies Hummus Dip Leafy Green Salad Assorted Fruits	Grilled Cheese, Chili Cheese Dog, OR Fish Sandwich Tomato Soup Leafy Green Salad/ Peas
<b>WEEK 2</b>	Beef & Gravy OR Chicken & Gravy Dinner Roll Mashed Potatoes Leafy Green Salad	Garlic Parmesean Flatbread Mixed Vegetables Seasoned Rice Leafy Green Salad Assorted Fruits	Beef, Bean, & Cheese Nachos Refried Beans/ Corn Tortilla Chips Black Bean Salsa Assorted Fruits	Pasta w/ Sauce & Meatballs OR Meatball Sub Sandwich Breadstick Leafy Green Salsa Chickpeas	Chicken Tenders OR Fish Sandwich Dinner Roll Potato Wedges Baby Carrots Leafy Green Salad
<b>WEEK 3</b>	Sandwiches: Sloppy Joe, OR BBQ/ Buffalo Chicken Baby Carrots Leafy Green Salad	Cheesy Breadsticks Fresh Veggies/ Hummus Dip Sweet Potato Fries Leafy Green Salad Assorted Fruits Cookie	Cheesy Meatloaf Dinner Roll Steamed Broccoli Au Gratin Potatoes Assorted Fruits	Chicken & Cheese Quesadilla Seasoned Rice Black Bean Salsa Leafy Green Salad Assorted Fruits	Beef Pepperoni Calzone OR Fish Sandwich Fresh Veggies Hummus Dip Leafy Green Salad/ Corn Assorted Fruits
<b>WEEK 4</b>	Beef, Bean, & Cheese Nachos Refried Beans/ Corn Tortilla Chips Black Bean Salsa Assorted Fruits	Chicken Tenders OR Macaroni & Cheese Dinner Roll Leafy Green Salad/ Peas	Stuffed Cheesesticks Seasoned Rice Fresh Veggies Hummus Dip Leafy Green Salad	Pasta w/ Sauce & Meatballs OR Meatball Sub Sandwich Breadstick Leafy Green Salad Chickpeas	Corn Dog, Riblet, OR Fish Sandwich Baked Beans Baby Carrots Leafy Green Salad Assorted Fruits
<b>Alternate Entrees:</b>					
<b>Sub-Wiches</b>	Pilly Sandwich Fresh Veggies Hummus Dip Leafy Green Salad Assorted Fruits	Breakfast Sandwich w/Egg, Cheese, & Chicken Sausage Breakfast Potato Baby Carrots	Hamburger/ Cheeseburger, Grilled Chicken Breast, Hot Dog, OR Veggie Burger Coleslaw Leafy Green Salad	Mild/ Spicy Chicken Filet Fresh Veggies Hummus Dip Leafy Green Salad Assorted Fruits	Spicy Grilled Chicken Sandwich, Hot Dog, Veggie Burger, OR Hamburger/ Cheeseburger Baked Beans Leafy Green Salad Assorted Fruits
<b>Pizza, Pizza!</b>	Jet's Pizza Fresh Veggies Hummus Dip Baby Carrots Leafy Green Salad	Donato's Pizza Fresh Veggies Hummus Dip Baby Carrots Leafy Green Salad	Romeo's Pizza Fresh Veggies Hummus Dip Baby Carrots Leafy Green Salad	Flyer's Pizza Fresh Veggie Hummus Dip Baby Carrots Leafy Green Salad	Domino's Pizza Fresh Veggie Hummus Dip Baby Carrots/ Corn Leafy Green Salad
<b>Build-a-Bowl!</b>	Asian Chicken Bowl Dinner Roll Rice Steamed Carrots Leafy Green Salad Assorted Fruits	Popcorn Chicken Bowl Dinner Roll Mashed Potatoes & Gravy Corn Leafy Green Salad Assorted Fruits	Mexican Bowl: Fajita Chicken OR Taco Beef Lime Rice Mexican Corn Refried/ Black Bean Salsa Tortilla Chips	Asian Chicken Bowl Dinner Roll Rice Steamed Broccoli Leafy Green Salad Assorted Fruits	Breakfast Bowl: Eggs Biscuits & Gravy Breakfast Potatoes

August							January							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
1	2	3	4	5	6	7	2	3	4	5	6	7	8	
8	9	10	11	12	13	14	9	10	11	12	13	14	15	
15	16	17	18	19	20	21	16	17	18	19	20	21	22	
22	23	24	25	26	27	28	23	24	25	26	27	28	29	
29	30	31					30	31						
September							February							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
			1	2	3	4			1	2	3	4	5	
5	6	7	8	9	10	11	6	7	8	9	10	11	12	
12	13	14	15	16	17	18	13	14	15	16	17	18	19	
19	20	21	22	23	24	25	20	21	22	23	24	25	26	
26	27	28	29	30			27	28						
October							March							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
					1	2			1	2	3	4	5	
3	4	5	6	7	8	9	6	7	8	9	10	11	12	
10	11	12	13	14	15	16	13	14	15	16	17	18	19	
17	18	19	20	21	22	23	20	21	22	23	24	25	26	
24	25	26	27	28	29	30	27	28	29	30	31			
31														
November							April							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
		1	2	3	4	5							1	2
7	8	9	10	11	12	13	3	4	5	6	7	8	9	
14	15	16	17	18	19	20	10	11	12	13	14	15	16	
21	22	23	24	25	26	27	17	18	19	20	21	22	23	
28	29	30					24	25	26	27	28	29	30	
December							May							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
			1	2	3	4	1	2	3	4	5	6	7	
5	6	7	8	9	10	11	8	9	10	11	12	13	14	
12	13	14	15	16	17	18	15	16	17	18	19	20	21	
19	20	21	22	23	24	25	22	23	24	25	26	27	28	
26	27	28	29	30	31		29	30	31					

This Institution is an Equal Opportunity Provider.